

## BREAKFAST

Breakfast is offered daily at 7:30 a.m.

We offer a great selection of items!  
Cereals, crackers, cheese, yogurt,  
breakfast burritos, muffins, fruit, fruit  
juice and milk are some of the choices  
available daily. \$1.25/  
Reduced .30



## DELI SPECIALS

Monday Southwest Turkey Wrap  
Tuesday Deli Sub Sandwich  
Wednesday Grilled Ham & Cheese  
Thursday Chicken & Cheddar Wrap  
Friday Italian Meatball Sub

All our sandwiches and wraps are served  
on wheat or whole grain rolls or wraps.



In accordance with federal law and USDA policy, this  
institution is prohibited from discriminating on the  
basis of race, color, national origin, sex, age or  
disability.

Menu subject to change due to availability of items.

Phone: 906-225-4245  
E-mail: pmullen@mapsnet.org

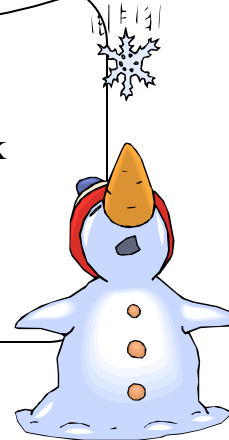


# BOTHWELL MIDDLE SCHOOL LUNCH MENU JANUARY 2012

Fruit & Veggie Bar is included  
with all meals. We offer a  
variety of fresh veggies, and  
fresh and canned fruit daily.  
Fat free dressings available.  
Milk is included with all meals.  
Lunch \$2.50 Reduced .40

DAILY LUNCH CHOICE  
Yogurt Cup, String Cheese, and a  
Muffin. Includes milk and fruit  
& veggie bar.

Big Daddy Pizza on Mon-  
day and Thursday  
Cheese Filled Breadstick  
with Dipping Sauce on  
Wednesday  
Little Caesar's Pizza  
on Tuesday and Friday



## DAILY SPECIALS

3. Chicken Patty on a Bun, Green Beans, Fruit Strip
4. BBQ Pork Rib on Bun, Potato Wedges, Chicken Noodle Soup
5. Ground Beef & Gravy, Mashed Potatoes, Wheat Roll
6. Cheese Ravioli, Golden Corn, Garlic Toast
9. Popcorn Chicken, Steamed Veggie Blend, Wheat Roll
10. Hotdog on a Bun, Carrot Coins, Potato Chips
11. Macaroni & Cheese, Green Beans, Wheat Roll, Minestrone Soup
12. Roast Turkey & Gravy, Mashed Potatoes, Wheat Roll
13. Hamburger on a Bun with Cheese, Potato Wedges
16. Grilled Chicken Patty on a Bun, Green Beans, Chocolate Pudding
17. "Pasty Oven" Pasty,
18. Meaty Nachos & Cheese, Tomato Soup
19. Twisted Chicken Alfredo, Golden Corn, Wheat Roll
20. Chicken Sliders, Potato Wedges, Apple Crisp
23. Chicken Nuggets, Carrot Coins, Wheat Roll, Oatmeal Cookie
24. Hamburger on a Bun with Cheese, Green Beans
25. Chicken Chow Mein, Brown Rice,, Oriental Chicken Soup, Fortune Cookie
26. Jumbo Pretzel & Cheese, Steamed Veggie Blend
27. Professional Development-No School
30. Chicken Tenders, Golden Corn, Wheat Roll
31. Meatballs & Spaghetti Sauce, Noodles,

## CATEGORY NAME

Describe the items in this category or what is included with these dishes. In this first category, you may want to list appetizers if your restaurant offers them.

<b>Item</b>	0.00
A brief description of the dish.	
<b>Item</b>	0.00
A brief description of the dish.	
<b>Item</b>	0.00
A brief description of the dish.	
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<b>Item</b>	0.00
A brief description of the dish.	

## CATEGORY NAME

Describe the items in this category or what is included with these dishes. In this category, you may want to list the soups and salads you offer.

<b>Item</b>	0.00
A brief description of the dish.	
<b>Item</b>	0.00
A brief description of the dish.	
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A brief description of the dish.	
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## CATEGORY NAME

Describe the items in this category or what is included with these dishes. In this category, you may want to list your main course items.

<b>Item</b>	0.00
A brief description of the dish.	
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A brief description of the dish.	

## CATEGORY NAME

Describe the items in this category. In this category, you may want to list the beverages that you offer.

<b>Item</b>	0.00
A brief description of the dish.	
<b>Item</b>	0.00
A brief description of the dish.	
<b>Item</b>	0.00
A brief description of the dish.	